

EXHIBIT 305



Vaping 101 For Middle Schools What to know and What to do

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Six Points for Teachers

1. Vaping's "hot", e-cigs are not.

Vapes can deliver cannabis, nicotine, or just flavored juice whereas e-cigs deliver only nicotine. Both devices emit chemicals, not just vapor.

2. Vape devices can be hard to detect.

Some are shaped like thumb drives, fountain pens, or battery chargers.

3. Vape manufacturers target our students.

Flavors entice. 52% of 12th graders think vaping is "just flavoring."

From "Here's what you need to know about vaping," by Anne Rubin. *School Leaders Now*. January 17, 2018, and 5 Vaping facts you need to know by Joseph Blaha, MD, MPH, Johns Hopkins Medicine website, 2019.

Six Points for Teachers

4. Many teens don't think that vaping is harmful.

As of 10/29/19: 37 deaths.
[CDC Deaths due to vaping](#)

5. Marijuana odor can be masked.

Mask: fruity, sugary flavors.
If a student vapes at school, you don't know what's inside the reservoir.

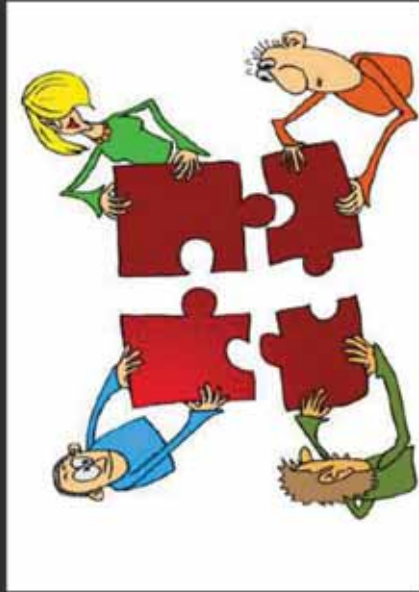
6. School-wide practices work.

Admin, Faculty, Student & Parent Leaders can harness support by School Counselors, Dean, Wellness Centers.

From "Here's what you need to know about vaping," by Anne Rubin. *School Leaders Now*. January 17, 2018.

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**Substance use,
including vaping,
is not one
department's job.**





Prevent, Prevent, Prevent.

Minimal preparation or class time...	A little more prep and/or classroom time..
<ul style="list-style-type: none"> • Hang Posters • Vaping Demo (using hairspray) • Healthy and Unhealthy Lung Demo • Clem's Phlegm/Tar Jar 	<ul style="list-style-type: none"> • Classroom session(s) about vaping using prepared lesson plans • YOW presentation • Grade-level assembly

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**What would work
for you?
Think-Pair-Share.
Commit & Implement.**

What if I see or suspect vaping:? 3 Scenarios



Scenario A: Paraphernalia

If you see a student with anything that's associated with vaping:

- Explain that item is not conducive to learning
- Attempt to confiscate paraphernalia: give to counselor or admin
 - If student refuses, notify counselor or admin
- Counselor follows school protocol for substance use
- Counselor refers student to Wellness/Nurse

Scenario B: UI and unable to do classwork

- Speak 1:1 to student about concerns and that you're offering site-based support
- Have student removed from class
- Admin or counselor follows school protocol
- Teacher writes Wellness online (or paper) referral

Scenario C: Suspect UI but does classwork

- Speak 1:1 to student about your concern and that you're offering site-based support
- Teacher writes Wellness online (or paper) referral
- Teacher can also confer with School Counselor &/or other teachers re: suspicion

Short, Sweet, Toxic.

[Real California Teens Talk about Vaping](#)

***Today in NYT: Juul-alikes are filling
shelves with sweet, teen-friendly
nicotine flavors***



: Think-Pair-Share



Role Playing

Pair up. Pick a scenario A, B or C.
Role play teacher & student. How
did that feel?



Consultations?

These encounters are awkward at
best. Consult with colleagues. If
you're a newer teacher, who would
you go to? If you're a veteran
teacher, who could you support?